

# MAY 2023

# Valley Collaborative School

## LUNCH



**School Information:** May 10<sup>th</sup> Early Release.  
May 29<sup>th</sup> No School.



**May is National Egg Month.** Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Cereal **1**  
Seasoned Chicken  
Sandwich  
Lettuce/Tomato/Chip

Bagel **2**  
Shepard's Pie  
Buttermilk Biscuit

**Early Release 3**  
Pancakes  
PBJ or Grilled Cheese

Assorted Muffins **4**  
Baked Mac & Cheese  
Veggies

Spanish Eggs, **5**  
Sausage, Hash Brown  
Pizza

Cereal **8**  
Chicken Nuggets  
Tater Tots

Bagel **9**  
American Chop Suey  
& Veggies

Waffles **10**  
Build a Burger Day  
French Fries

Assorted Muffins **11**  
Twin Chili Dogs  
Potato Chips

Oatmeal **12**  
Pizza

Cereal **15**  
Breaded Buffalo  
Chicken  
Wrap/veggie Sticks

Bagel **16**  
Beef & Cheese  
Nacho's

French Toast **17**  
Chicken Tenders  
French Fries

Assorted Muffins **18**  
Baked Cheese  
Lasagna &  
Veggies

Eggs, Sausage, Hash **19**  
Browns  
Pizza

Cereal **22**  
Meatball Sub/Chips

Bagel **23**  
Ham & Cheese  
Croissant /Lettuce  
Tomato

Pancakes **24**  
Turkey Club Bulkie  
Roll/Mac Salad

Assorted Muffins **25**  
Lemon Pepper Pork  
Loin/Rice/Veg

Oatmeal **26**  
Pizza

**Memorial Day 29**  
**No School**

Bagel **30**  
Steak & Cheese Sub  
Potato Salad

Waffles **31**  
Chicken Fajita Burrito  
Corn

